

# Developmental Milestones for Fifth Grade Ages 10-11

Information from Responsive Classroom Website:

<https://www.responsiveclassroom.org/wp-content/uploads/2017/10/Yardsticks-for-Elementary-School.pdf>

## Common Developmental Traits by Age

(Adapted from *Yardsticks: Children in the Classroom Ages 4–14*, 3rd edition, by Chip Wood, CRS, 2007)

Age	Physical	Language/Cognitive	Social/Emotional
<b>10</b>	<ul style="list-style-type: none"> <li>Signs of puberty begin for girls ahead of boys</li> <li>Muscles needed for big movements are developing quickly</li> <li>Need lots of outdoor play and physical challenges</li> <li>Enjoy precision tasks</li> <li>Benefit from snack and rest periods</li> </ul>	<ul style="list-style-type: none"> <li>Peer focused</li> <li>Descriptive</li> <li>Seek definitions</li> <li>Playful</li> <li>Gain identity through the group</li> <li>Enjoy categorizing and classifying</li> <li>Good at memorizing</li> <li>Like rules and logic</li> <li>Can concentrate on reading and thinking for long periods</li> <li>Enjoy choral reading, poetry, plays, singing</li> </ul>	<ul style="list-style-type: none"> <li>Contributing member of group; eager to reach out to others</li> <li>Quick to anger; quick to forgive</li> <li>Hardworking; take pride in schoolwork</li> <li>Open to learning mediation or problem-solving skills</li> <li>Listen well and enjoy talking and explaining</li> <li>Developing more mature sense of right and wrong</li> </ul>
<b>11</b>	<ul style="list-style-type: none"> <li>Restless, very energetic</li> <li>Need lots of food, physical activity, sleep</li> <li>Growth spurts</li> </ul>	<ul style="list-style-type: none"> <li>Like “adult” tasks, such as re-searching</li> <li>Enjoy brain teasers and puzzles</li> <li>Want to learn new things more than review previous work</li> <li>Challenge assumptions—their own and those of adults</li> <li>Able to think abstractly and understand ideas</li> </ul>	<ul style="list-style-type: none"> <li>Common age for cliques and pairs</li> <li>Peer focused; need to save face with peers</li> <li>Moody; self-absorbed</li> <li>Sensitive about changing bodies</li> <li>Like to challenge rules, test limits</li> </ul>