Developmental Milestones for Fourth Grade Ages 9-10

Information from Responsive Classroom Website: https://www.responsiveclassroom.org/wp-content/uploads/2017/10/Yardsticks-for-Elementary-School.pdf

Common Developmental Traits by Age

(Adapted from Yardsticks: Children in the Classroom Ages 4-14, 3rd edition, by Chip Wood, CRS, 2007)

| Age | Physical | Language/Cognitive | Social/Emotional |
|-----|--|---|--|
| 9 | Improved coordination Like to push physical limits; tire easily Restless; can't sit still for long Often report aches and pains | Work hard and pay attention but may jump quickly between interests Want factual explanations; enjoy scientific exploration Difficulty with abstractions such as large numbers Very verbal; love language and word play Industrious and curious Worry about global issues | Competitive; may form cliques Critical of self and others; need encouragement Like to work with a partner of their choice; can work in groups but with lots of arguing Seek answers to big questions Anxious |
| 10 | Signs of puberty begin for girls ahead of boys Muscles needed for big move- ments are developing quickly Need lots of outdoor play and physical challenges Enjoy precision tasks Benefit from snack and rest periods | Peer focused Descriptive Seek definitions Playful Gain identity through the group Enjoy categorizing and classifying Good at memorizing Like rules and logic Can concentrate on reading and thinking for long periods Enjoy choral reading, poetry, plays, singing | Contributing member of group; eager to reach out to others Quick to anger; quick to forgive Hardworking; take pride in schoolwork Open to learning mediation or problem-solving skills Listen well and enjoy talking and explaining Developing more mature sense of right and wrong |

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